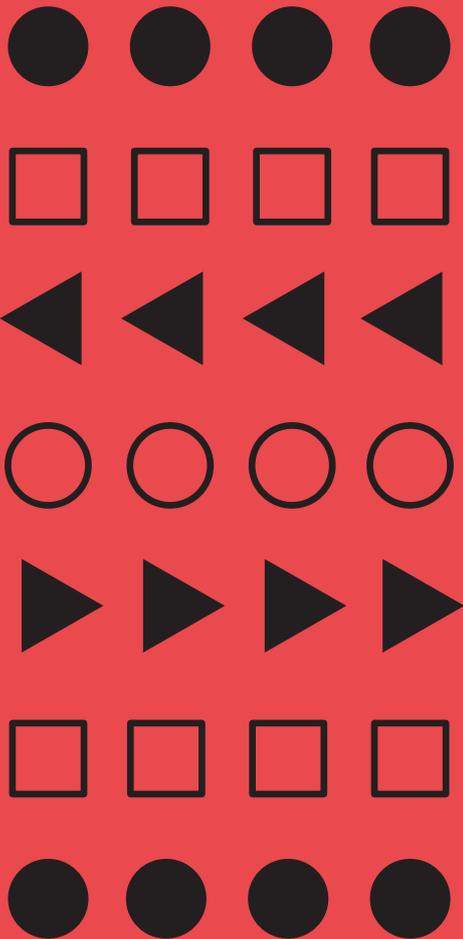
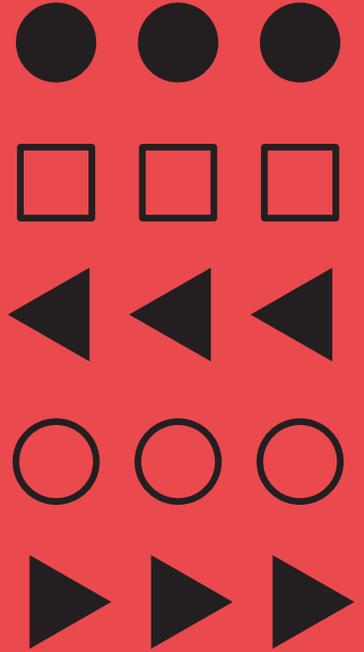




Method developed by OpenDot from 2015 with the TOG Foundation and other organizations, ranging from patient associations to companies operating in the field of healthcare.

MANIFESTO OF CO-DESIGN FOR HEALTH AND CARE



We are all different,
then why care for
everyone the same?

Nowadays, care and health have technology and methodologies at their disposal that could definitely transform them, bettering the quality of life of millions living with disabilities, both physical and cognitive, whether temporary or permanent.

They are new tools that allow to adapt, personalize and even create more effective solutions from scratch. We are one step away from being able to take care of each other, as people, with unique tastes and necessities, not only as patients of a certain pathology.

In order to do this, the contribution of different people who work together, such as designers, makers, therapists, doctors, and of course people with disabilities and their caregivers, is required. The method for developing these solutions and the co-design, which OpenDot, thanks to the experience gained through the collaboration with the TOG Foundation, has applied for several years to the world of healthcare. A method able to enable and facilitate processes, stimulate creativity in order to create new solutions and improve the lives of people by generating innovation.

1

LISTEN AND OBSERVE

Co-design means creating a space where all opinions, competences and experiences count and are useful, it means to enact a process based on listening.

5

THINK AND DESIGN TOGETHER

Moments of sharing, exchange and design collective guide the group towards the final idea, stimulating everyone's creativity when it comes to devising new and innovative solutions able to address real needs.

2

TEACH AND LEARN

We are all experts in something and reciprocal training is fundamental: doctors, designers and disabled individuals, experts in their condition, share knowledge and competences, which they intersect.

6

MATERIALIZE THE IDEA

The production of the first prototype thanks to software, digital fabrication technologies and rapid prototyping, allows us to touch, explore, and test the idea. And last but not least, customize it.

3

SPEAK THE SAME LANGUAGE

In order to break down the wall of Englishisms and technicalities of sectorial databases, in favor of a common language that everyone can understand.

7

PROTOTYPE, PROTOTYPE

The prototyping phase is a spiral process and the projects improve with increasing versions, compared to a constant comparison on how to perfect the object.

4

SHARE REAL NEEDS

The object is to resolve a necessary reality, small or large bears no importance, what counts is concentrating on the reason. The "how" comes later.

8

REPLICATE, SCALE, SHARE

A well designed project on it's own could be useful and replicated to also respond to others' needs. Here is where the value of the open source philosophy comes into play: share the process and the final solution is a way to enrich the project and to amplify it's social impact.